

COSTA RICA PACKAGE-
Singles Adventure Tour Feb 2/21-2/28, 2009

\$1,499 Sharing room
\$420 additional for a Single room

DAY 01 2/21

Arrive on your intl flight and transfer from the International Airport to the Hotel in San Jose

We will make special arrangements to have a representative in the entry of the airport. Outside the arrivals area, look for our representative who will be holding a sign with your last name on it. Our driver will provide assistance with luggage and private transportation to the hotel in San Jose.

Lodging at San Jose area- Country Inn & Suites Hotel or similar

DAY 02 2/22 SAN JOSE / ARENAL (B/L)

Breakfast

04 in 01 Tour

04 in 01 Tour description: To begin this recommended tour, we take the Pan-American road to Alajuela. Here we go to the Agricultural Monument, the monument to Juan Santa Maria. We also are going to visit the Mango Park..

Later we will stop for the first time at the famous Doka State. We are going to visit the beautiful coffee plantation, the mill and the roast room.

As we continue to climb the Poas Volcano we get to the coffee plantations, flower and fern nurseries and strawberry fields. This will prepare us for the pleasure of the exuberant cloud forest in Poas volcano, where we will have time to enjoy the impressive main crater with its sulfur fumaroles. We continue our trip on the Caribbean slope, stopping to discover La Paz Waterfall Gardens, a natural park where we will walk in spectacular trails that take us to White Magic Waterfall, the most spectacular thing in the area. Inside the park we will also visit the largest butterfly observatory in the country, home to a collection of tropical jewels and the impressive hummingbird gallery. A buffet style lunch is included here.

After lunch we will continue on the Atlantic slope and once we arrive at Puerto Viejo we will be ready for a relaxing on a boat trip down the Sarapiquí River. The tour includes breakfast, coffee plantation visit, craters and trails in Poas Volcano National Park. The entrance to La Paz Waterfall Gardens, including Butterfly, Hummingbird Gallery and waterfall trails. Buffet lunch, boat trip on the Sarapiquí River with soft drinks on-board and drive through Braulio Carrillo National Park.

Lodging at San José area- Country Inn & Suites Hotel or similar

DAY 03 2/23 ARENAL (B/L/D)

Breakfast at your Hotel in San Jose

Transfer to Arenal Area.

Arenal Volcano & Tabacon Grand Spa & Resort Visit

Tour description: The Arenal Volcano is one of the most active volcanoes in America. From our point of view we think that this experience is unforgettable because of the amazing and surprising things like feeling the tremble ground and seeing the nightly sky exploded with ash and lava in a natural firework. Next, we will visit the hot springs of the volcano in Tabacon Grand Spa & Resort, where you can relax in the soothing waters and be caressed by the cool night air, while observing the stars and the incredible sky above the volcano. When you arrive, we will receive you with a splendid dinner.

On this tour we will also visit the town of Sarchí, well known for the beauty of the handcrafts they produce. (Dinner included in Tabacon area).

Lodging at Arenal area- Arenal Paraiso Hotel or similar

DAY 04 2/24 MONTEVERDE (B)

Breakfast at your Hotel in Arenal

Transfer from Arenal to Monteverde Area

Canopy at Selvatura Park in Monteverde

Tour description: Selvatura's outstanding Canopy Tour is the longest in Costa Rica and the only one truly immersed in virgin primary cloud forest. The tour includes 15 cables and 18 viewing platforms traversing over 2 miles of forest, combining the thrill of the zip line with a unique perspective of the tree top canopy.

Dinner at your Hotel in Monteverde

Lodging at Monteverde area- El Establo or similar

DAY 05 2/25 MANUEL ANTONIO/JACO (B)

Breakfast at your Hotel in Monteverde

Transfer from Monteverde area to Quepos/Jaco
Free day.

Lodging in Quepos/Jaco area- Punta Leona or similar

DAY 06 2/26 MANUEL ANTONIO/JACO (B/L)

Breakfast at your Hotel

White Water Rafting on Naranjo River

Tour description: The wild and ever-changing Naranjo River White Water Rafting challenge is recommended for physically fit adventure seekers and experienced rafters who are familiar with Class III and IV rapids. On this high-octane, half-day adventure, the trip begins when the Naranjo River drops steeply from the Costa Rican mountains and charges through pristine jungle gorges, then winds around rocky curves

to take you on a wild, adventurous ride back to sea level waters. While your internationally-trained, bilingual guides and safety kayakers work with you to navigate this exciting river, you'll pass by (rapidly) stunning farmland, working cattle ranches, and beautiful African Palm Plantations.

Lodging in Quepos/Jaco area- Punta Leona or similar

DAY 07 2/27 MANUEL ANTONIO/JACO (B)

Breakfast at your Hotel

Coastal Kayaking or Snorkeling tour- Today you may choose between one of these two adventures

Damas Island Kayaking: Spend a few luxuriously indulgent hours paddling with the currents as your highly trained, bilingual naturalist guides reveal the protected inland waterways of the Damas Estuary and mangrove habitat. Explore an unforgettable plethora of flora and fauna as you learn about, experience, and participate in our magical Costa Rican mangrove and tropical rain forest ecosystem -- but don't forget your camera.

Snorkeling / Coastal Kayaking: The adventure begins near the developing Pez Vela (Sail Fish) Marina in Quepos and winds along the Manuel Antonio coastline. Indulge yourselves at a rare jewel of a beach – a hidden Manuel Antonio treasure at Biezans Bay – for a refreshing swim and delicious local snacks. And feel free to have your bilingual naturalist guide direct you to the best snorkeling spots as you experience three small but growing, active, and astounding coral reef systems nestled very close to the shore of Biezans Bay.

Transfer from Manuel Antonio to San José area

Lodging at San José area- Country Inn and Suites or similar

DAY 08 2/28 SAN JOSE (B)

Breakfast at your hotel in San Jose

Transfer from the hotel to International Airport for your flight back home.

Package includes:

- All transport costs included road tolls, taxes, and fuel.
- Driver's and guide expenses (meals and lodging)
- 07 breakfast /03 lunches /01 dinner /
- 07 nights lodging in standard type room.
- 4 in One Tour (Entrance fee to Poas Volcano and La Paz Waterfall Garden, Sarapiquí Boat Ride, breakfast & Lunch.)
- Arenal Volcano Tour (Visit to Zarcerro Park, visit to Sarchi and entrance fee and buffet dinner at Tabacon Resort Hot Springs).
- Selvatura Canopy Tour
- White Water Rafting in Naranjo River
- Snorkeling or Kayak Tour
- All hotel taxes are included
- Airport transfers
- USA based host for group

Not included:

- Meals not mentioned
- Intl Airline ticket
- Airport Departure taxes (US\$26.00 per person, subject to change).
- Alcoholic beverages
- Personal equipment
- Extras in hotels (phone calls, laundry, room service)
- Tips (not mandatory but appreciated)

REMARKS:

The prices of the Entrance Fees to Museums, National Parks and Reserves, are subject to change due to Government Regulations the net fare is subject to change without previous notice for the package

Hotels may vary and are subject to availability. We may use similar hotels to the ones specified in this proposal.

Deposit Early, as when all spaces filled then you will be out of luck

Non Refundable deposit of \$500.00 + cost of Mandatory Insurance..Is due when booking and the final

non-refundable payment

Please e-mail Travel Buddies at travelbuddies@shaw.ca with the following details and I will contact by phone for

your payment.

Full legal name (as it appears on your passport)

Address... Phone Number Date of Birth

Or phone at 1-800-998-9099 or 604-534-5602